

International Conference on Motivational Interviewing (ICMI-5) – Philadelphia, US – June 19-21, 2017

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Sunday June 18<sup>th</sup>

All file links are **highlighted and underlined** - if you don't see those try to click on presenter name

**WORKSHOP 1**

Developing and Implementing MI-Consistent Practices in Research and Clinical Settings. ([William R. Miller](#) & [Theresa Moyers](#)).

This workshop is for those interested in implementing high-quality MI practices in research and/or clinical settings. It will distill current knowledge and experience relevant to hiring, training, supervising, coaching, coding, and quality assurance for MI-consistent interventions.

**WORKSHOP 2**

Implementation Science and Motivational Interviewing - Researchers' Brainstorming/Planning Forum. ([Gregory Arons](#), [Steve Martino](#), [Sylvie Naar](#)).

This half-day pre-conference workshop/planning forum is being offered on Sunday afternoon at *no cost* to conference participants as a public service intended to increase awareness, knowledge and ability in designing, funding, and implementing grant-funded research using current implementation science models and methods, such as EPIS. Various funded projects will be reviewed regarding goals, design, and implementation. Practical tips and traps will be presented regarding research design, funding mechanisms, and grant submissions.

**Plenary - Opening / MI & Implementation Science**

Video excerpt

**Gregory Aarons** – *Leadership and organizational change interventions to boost Motivational Interviewing fidelity in community mental health and substance abuse organizations*

**Steve Martino** - *See One, Do One, Order One: Making MI Easier to Implement on Medical Inpatient Units?*

**Sylvie Naar** – *TMI (Tailored Motivational Interviewing or Too Much Information!)MI Implementation in Multidisciplinary Adolescent HIV Clinics*

(Note: Some titles are abridged)

Red = Plenary sessions

Black = Paper sessions

Green = Panel sessions

Blue = Discussion/interactive sessions

**A Critical Appraisal of MI Competence measures**

**Saskia Boom** – The Video Assessment of Simulated Encounters-Revised as a competence measure in health care setting

**Jos Dobber** – The applicability of the MI Target Scheme 2.1 with cardiac care nurses

**Annika Eenshuistra** – The applicability of the MITI 4.2.1 and the MISC 2.5 with youth care professionals

**Jannet M de Jonge** – Comparing three MI coding instruments in MI and non-MI sessions

**Theoretical Matters**

**Alison Bard** – MI for third party benefit: navigating the ethical use of influence

**Brett Engle** – Is Acceptance Absolute? Exploring linguistic Implications for MI Theory from Trauma Hypnotherapy

**Ken Resnicow** – The Difficulty X Motivation Matrix. When is MI the treatment of choice?

**Healthcare**

**Steve Martino** – Electronic- and Clinician-Delivered Screening, Brief Intervention, and Referral to Treatment for Women in Reproductive Healthcare Centers

**Susan Butterworth & Ali Hall** - Successful Integration of MI in the Healthcare Setting: Utilizing the MICA Coding System for Proficiency Development

**Terdsak Detkong** – Effectiveness of MI for Controlling Plasma Glucose in Type 2 Diabetic Patients; Experience of 5 Provinces in Thailand

**MI & Self-Compassion Approaches**

**Stan Steindl:**

MI as a prelude to compassion-based interventions and a measure for assessing changes in compassion motivation and action

slides w/o images

## Plenary - Change talk

[Video](#)

[Paul Amrhein](#) – *How Client Preparatory Language Promotes Stronger Verbal Commitments: Exploring the Role of the MI Therapist*

[Tim Apodaca](#) – *Do different MI components function differently in predicting change talk and outcomes?*

[April Carcone & Syvlie Naar](#) – *Provider Behaviors that Predict Change Talk in HIV: A Study of Communication Using the MI Framework*

[Denise Ernst](#) - *The Client Self-Exploration Scale; Does depth matter?*

### Helping Employees Change – Applying MI within the Organizational Context

[Full panel slides](#)

Greg Sumpter – Transformational leadership

Amelie Gunter, Florian Klonek, Nale Lehmann-Willenbrock, Simone Kauffeld – Change-related interactions in organizations

Ron Oslin – From Command and Control to Servant Leadership

Paul Endrejat, Florian Klonek, Simone Kauffeld – How MI can benefit group dynamics in organizational teams

Elizabeth Jenkins - Motivational Interviewing for Leaders: Applications and Ethical Considerations

All- Ethical implications

Bill Miller - Discussant

### Integrating MI Across the Medical School Curriculum for Student and Faculty Learners

[Full panel slides](#)

David Brown – Overview  
Brett Engle – 2 year outcomes

Kathryn Brogan Hartlieb – Faculty coaching outcomes

Maryse Pedoussaut – MI Entrustable professional activity

Alyssa Mccauley – Student perspective

### Youth

Åsa Norman – MI in child health promotion and obesity prevention – lessons learnt from the Healthy School Start trials

Leanne Hides – Is coping skills enhanced MI (MI) more efficacious than MI alone in young people with alcohol related-injuries accessing emergency department and crisis support care?

Jacques Gaume – Developing a brief motivational intervention for young adults intoxicated in the ED – results from an iterative qualitative design

[Ken Resnicow](#) – Brief MI to Reduce Child BMI

**MI+ in African and Asian settings;  
What did we learn?**

**Titia Heijman / Thijs Biemans /  
Angelita Casanovas / Kees DeJong**

5 papers explore the impact measured in the two countries

- (1) The intervention project and research methods
- (2) MI intervention and nurses working in low income settings like Kenya, effects on professional attitudes and personal lives
- (3) Effect of the MI intervention on a counseling program for MSM in Bangladesh.
- (4) Study outcomes
- (5) Reviewing the intervention and discusses and lessons learned

**Computational Technology to Support Automated MI Fidelity Feedback and Communication Science**

**David Atkins** – Using AI methodologies to develop technology to assist MI training and supervision – the counselor-observer ratings expert for MI (CORE-MI)

**Veronica Perez-Rosas/ Ken Resnicow** – Automated MITI Coding system with automated evaluative feedback

**Alex Kotov/ April Idalski Carcone** – Automated Minority Youth-Sequential Coding of Process Exchanges

**Health and Fitness Coaching**

**Scott Walters** – m.chat: Integrating health coaching and technology for low-income housing residents.

**Maurice Bulls** - Integrating MI and Personal Fitness Coaching for Delivery by Community Health Workers to Improve Chronic Illness Management

**MI Supervision**

**Maria Beckman** – (a) Supervision in MI: An Exploratory Study

(b)The Use of Objective Feedback in Supervision in MI: Results from a Randomized Controlled Trial

**Christopher Wirt**  
Teaching MI using Live Supervision in a Graduate Level Social Work Course

Denise Ernst  
(Guided discussion)

**Plenary - MI & Communication Science**

Bill Miller – *MI & Carl Rogers' Clinical Science*

**Video**

**Molly Magill** – *Relational, Technical and Conditional process models of change*

**Delwyn Catley** – *MI vs. Health Education – Two pathways to change?*

(Open Luncheon Workshop)

**Let's talk about sex** - Julie Tennille

Using MI for conversations about sexuality and intimacy in mental health settings. Introducing the MI sexuality and intimacy toolkit.

<p><b>Bridging language differences in training, implementation, and fidelity monitoring of MI interventions</b></p> <p><b>Iván Balán</b> – Implementation of an MI-based adherence intervention in a multi-site biomedical HIV prevention study in Sub-Saharan Africa</p> <p><b>Juline Koken</b> – Developing an MI fidelity process model for a collaboration between English and Thai speaking teams</p> <p><b>Timothy Hunt</b> – “If they don't want my help they don't have to come”: Addressing ambivalence when training MI in a telling style context for healthy lifestyle promotion in Central Asia</p>	<p><b>Skill acquisition and maintenance</b></p> <p><b>Anne Esther Marcus-Varwijk</b> – Community care nurses promoting healthy behavior in older adults living at home: do they use MI?</p> <p>Maria Beckman – The Dissemination of MI in Swedish County Councils: Results of a Randomized Controlled Trial.</p> <p>Nikki Rowell - How Treatment Integrity is Vital to Randomized Controlled Trials of MI: An Example using the SMART-ED Study (emergency depts.)</p> <p><b>Karine Gaudreault</b> - Implementation of MI Training in a Canadian Psychiatric Hospital: A Case Study</p>	<p><b>MI Groups</b></p> <p><b>Jemma Hawkins</b> – Development and evaluation of a teacher training programme for a Group MI intervention to prevent alcohol misuse in secondary schools</p> <p><b>Chris Wagner</b> – Case study: MI + Positive Psychology group for returning combat veterans</p> <p><b>Elizabeth Santa Ana</b> – Group MI Lowers Substance Use and Enhances Treatment Engagement Among Patients with Substance Use and Co-existing Psychiatric Disorders: Outcomes and Process.</p>	<p><b>Health training issues</b></p> <p><b>Trevor Simper</b> - What do you get from my introductory MI training workshop? – Nutritionist training</p> <p><b>Heather Flynn, Kathleen Watson</b> - Pediatrician training for autism</p>
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### MI assessment instrument demonstrations

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| <ol style="list-style-type: none"> <li>1. MISC/SCOPE - Jon Houck</li> <li>2. MITs -Jos Dobber, Rietta Oberink, Saskia Boom</li> <li>3. MICA - John Gilbert, Ali Hall, Susan Butterworth</li> <li>4. MI Coach Rating Scale – Sylvie Naar, Juline Koken</li> </ol> | <ol style="list-style-type: none"> <li>5. MITI systems:             <ol style="list-style-type: none"> <li>a. MITI - Denise Ernst</li> <li>b. CORE-MI (MITI auto-coding) - David Atkins</li> <li>c. NLP (MITI auto-coding) - Ken Resnicow, Veronica Perez</li> </ol> </li> </ol> |
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### Posters

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| <ol style="list-style-type: none"> <li>1. Successful Integration of MI in the Healthcare Setting: Utilizing the MICA Coding System for Proficiency Development (Butterworth et al)</li> <li>2. An Example of Gamification: Shared Decision Making Chutes and Ladders (Davis et al)</li> <li>3. Resolving Ambivalence about Donating Blood with Brief Change Talk and Decisional Balance Interventions (Fox &amp; France)</li> <li>4. The Impact of MI Training for Medical Students Completing Screening, Brief Intervention and Referral to Treatment (SBIRT) (Gainey)</li> <li>5. Can high school teachers deliver a Group MI intervention? An exploration using experiential data and an adapted form of the AMIGOS coding system (Godwin et al)</li> <li>6. MI Mixer: Peer Practice for Medical Students (Gonzalez et al)</li> <li>7. Developing Professional Communication with Selected MI Skills: A Nursing Student Simulation Lab Experience (Hall &amp; Swoboda)</li> <li>8. MI as a Theoretical Foundation for Educational Consultation (Heberd &amp; Watson)</li> <li>9. Death talk in end-of-life care – can MI help? (Heinemans)</li> </ol> | <ol style="list-style-type: none"> <li>10. What has sequential coding taught us about MI? (Houck)</li> <li>11. Evaluating student learning using the MI Coach Rating Scale (Koken et al)</li> <li>12. Quality assurance of MI: The Swedish Alcohol Helpline- an example (Lind, Heinemans et al.)</li> <li>13. The adherence to MI in initial substance abuse sessions and its effect on treatment outcome. (Rakkolainen &amp; Ehrling)</li> <li>14. Development and Evaluation of a Brief, Primary Care Based MI Intervention for Preventing Unintended Teen Pregnancy (Ripp et al.)</li> <li>15. Under Pressure: Effects of Legal Encouragement on Treatment Response in a Multisite Sample (Sadcaro et al)</li> <li>16. Autonomy, Competence, and Relatedness Predict Stress Eating in Midlife Women (Schreiber &amp; Dautovich)</li> <li>17. Using Motivational Interviewing to contemplate change and create dialogue in a restorative community (Smull/Schantz)</li> <li>18. Alcohol Identification &amp; MI Brief Advice in England’s Criminal Justice System. (Tobutt)</li> </ol> |
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Wednesday June 21<sup>st</sup> - International Conference on Motivational Interviewing (ICMI-5) – Philadelphia, US

<p style="text-align: center;"><b>Coding</b></p> <p>Riëtta Oberink – Qualitative and quantitative validation of the MI Target Scheme (MITS)</p> <p><b>Travis Lovejoy</b> – Differentiating MI from non-MI active comparators in the context of clinical trials</p> <p>Veronica Perez-Rosas – Automatic coding of counselor reflections and questions in MI Encounters</p> <p>Nicholas Cohen – Fidelity to the Fidelity Measure: Description and Evaluation of a Curriculum to Train Raters to use the MI Treatment Integrity instrument (MITI 4)</p>	<p style="text-align: center;"><b>Client Outcomes</b></p> <p>Megan Morris – Enhancing Family Mediation: A Randomised Controlled Trial</p> <p><b>Jos Dobber</b> - Medication adherence in clients with schizophrenia: a qualitative study of the client process in MI</p> <p>Kari Tolonen /Anja Koski-Jännes - Process and outcome of Behaviour-Interviewing-Change (BIC) program with clients in the Finnish Probation Service</p>	<p style="text-align: center;"><b>Part 1</b> <b>Hope, Meaning, Empowerment</b></p> <p><b>Scott Glassman</b> - MI and the Recovery Model: Effects on Hope, Meaning, Empowerment and Service Participation</p> <p style="text-align: center;"><b>Part 2</b> <b>Restorative Communities</b></p> <p><b>Elizabeth Smull &amp; Dawn Schantz</b> - Using MI to contemplate change and create dialogue in a restorative community</p>		<p style="text-align: center;"><b>Shared Decision Making</b></p> <p><b>Jannet de Jonge</b> – MI meets Shared Decision Making: training in a new stepwise method for social workers in community teams</p> <p>Connie Davis, Kathy Reims – Development of a Shared Decision Making Tool Informed by MI</p> <p style="text-align: center;">Discussion</p>
<p style="text-align: center;"><b>Client engagement and experiences</b></p> <p><b>Shaysta Dean/ Eileen Britt</b> – Engaging Adolescents in Mental Health Treatment</p> <p><b>Sara Soleymani/Eileen Britt</b>- MI for enhancing engagement in Intimate Partner Violence treatment</p> <p>Karine Bertrand - How people who inject drugs experience MI? A qualitative study with a subsample of participants to a randomized controlled trial in Montreal</p>	<p style="text-align: center;"><b>Peer Support Programs</b></p> <p><b>Marlyn Allicock</b> – A Community-Academic Partnership to Deliver a MI-based Peer Support Program: Success and Challenges</p> <p><b>Lauren Copeland</b> – ‘Mam-Kind Study: A Novel Peer Support Intervention Using MI for Breastfeeding Maintenance: a UK Feasibility Study’</p>	<p style="text-align: center;"><b>Group MI for Dual Disorders</b></p> <p>Elizabeth Santa Ana Demonstration</p>	<p style="text-align: center;"><b>MI in Nonclinical settings</b></p> <p><b>Michelle Drapkin</b> Larry Anderson Tony Chamblin</p> <p>Thinking Outside the Box while maintaining the integrity of the box</p>	<p style="text-align: center;"><b>Vulnerable Youth</b></p> <p><b>Richard Rutschman</b></p> <p>Blending MI with Adventure Therapy to Support Vulnerable Youth in Schools or Social Settings</p> <p style="text-align: center;"><b>Booklet</b></p>

## Closing Session

### Plenary – Theory – MI and Persuasion: Opposites or Overlapping Forms of Influence?

[Video](#) [Slides](#)

David Rosengren – *Overview & points of agreement*

Raymond Daugherty – *Social Psychology of Influence*

Allan Zuckoff – *Itchy areas for MI*

David Rosengren – *Pulling it together / Elaborative likelihood method*

Terri Moyers – *Discussant*